

## Litter picking health and safety checklist

People taking part in litter picks do so entirely at their own risk. They are not working for or on behalf of Bristol Waste Company or Bristol City Council. Please ensure your litter pick is within the Bristol area.

### Guidelines for staying safe

- ✘ Do not touch or pick up litter with your hands, even if you're wearing gloves
- ✘ Never sling a litter bag over your shoulder
- ✘ Avoid any part of your body touching the litter bags. Carry bags with arms extended and away from your body, keeping them away from your body
- ✓ Cover any cuts and injuries with a waterproof plaster or dressing
- ✓ Wear sturdy shoes that cover your toes and weather-appropriate clothing
- ✓ Make sure you are visible to moving traffic and cyclists. We recommend wearing a hi viz (high visibility) vest or jacket
- ✓ Clean your hands after your litter pick and before eating, drinking or smoking
- ✓ Leave your bags in an accessible place by the road so our crew can safely collect them. Please make sure the bags are not blocking the road or pavement

### Do not put yourself at risk

- ✘ Do not confront anyone you see littering
- ✘ Do not overfill bin bags, and avoid lifting heavy objects or sacks alone
- ✘ Do not attempt to lift heavy items with the pickers, they will break if you try to lift something too heavy. If any of the pickers do get damaged, just let us know so we can get them mended
- ✓ Tell someone where you are going and stay in contact
- ✓ Only pick in daylight hours and do not pick when visibility is poor, such as in foggy weather
- ✓ Be careful around bushes and brambles. We do not provide safety goggles, but you may wish to wear your own
- ✓ Be aware of traffic at all times. We recommend that you do not litter pick in the road
- ✓ Be aware of the risk of ticks and insects in long grass or bushes
- ✓ Follow local rules as well as our guidelines, including safe and lawful parking

### Avoid hazardous litter

Visit the [Bristol City Council webpage](#) for a list of hazardous and dangerous litter. Complete the [form](#) to

report hazardous litter to the council.

- If you find discarded weapons, call 101 and follow their advice
- Do not attempt to pick up hazardous items or any item you cannot easily identify as non-hazardous
- Do not attempt to remove dead or live animals. Instead, [report it](#) to the council
- Do not pick up needles or drug litter. This must be left alone and reported to [Bristol City Council](#)
- For non-emergency medical advice if injured, call 111. For emergencies, call 999

## What to do after your litter pick

Tell us how much litter you collected

Please fill in your results: <https://bristolwastecompany.co.uk/results-form/>

Arrange to have the litter picked up by Bristol Waste

Fill in our online form giving us as much information as you can: <https://bristolwastecompany.co.uk/litter-collection/>

Fly-tipping

If you find any bigger bulky items that don't fit in the bags, make sure you state this in the collection form or report it as fly-tipping through the [council website](#).

If you need to change your return date or time for your kits:

Email: [hello@bristolwastecompany.co.uk](mailto:hello@bristolwastecompany.co.uk) Or call: [0117 304 9022](tel:0117 304 9022)

## Useful contacts

Bristol City Council

<http://www.bristol.gov.uk/report-a-street-issue>

Customer service centre: [0117 922 2100](tel:0117 922 2100)

Emergency Control: [0117 922 2050](tel:0117 922 2050) (only used for reporting urgent issues at weekends)

Bristol Waste Community Engagement Team (Monday – Friday)

Phone: [0117 304 9022](tel:0117 304 9022)

Email: [hello@bristolwastecompany.co.uk](mailto:hello@bristolwastecompany.co.uk)

RSPCA (to report animal cruelty or an animal in distress)

24-hour phone line: [0300 1234 999](tel:0300 1234 999)

Online: [www.rspca.org.uk/utilities/contactus/reportcruelty](http://www.rspca.org.uk/utilities/contactus/reportcruelty)